# Lord's Paradox and Consequences for Effects of Interventions on Outcomes

#### Perman Gochyyev and Mark Wilson

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## outline

## Lord's paradox and real examples (15 mins)

- A closer look (20 mins)
- Which approach should I use? (10 mins)

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- Lord's paradox and real examples (15 mins)
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- Lord's paradox and real examples (15 mins)
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## Paradox

# Lord, F. M. (1967). A paradox in the interpretation of group comparisons. *Psychological Bulletin, 68*(5), 304-305.

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- Pearl (2014): "Among the many peculiarities that were dubbed "paradoxes" by well meaning statisticians, the one reported by Frederic M. Lord in 1967 has earned a special status."
  - "Unlike Simpson's reversal, Lord's is easier to state, harder to disentangle"
  - "... and, for some reason, it has been lingering for almost four decades, under several interpretations and re-interpretations, and it keeps coming up in new situations and under new lights"
  - "... the original version presented by Lord, to the best of my knowledge, has not been given a proper treatment, not to mention a resolution"

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Which approach should I use?

## Lord, 1967: original context

#### • Two groups: boys and girls

- weight in September (Pretest)
- weight in June (Posttest)

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Which approach should I use?

## Two statisticians



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Which approach should I use?

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#### CS approach



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Which approach should I use?

## Two statisticians



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# Statistician 1

What is:

$$(Weight_{June} - Weight_{Sept})^{girls} - (Weight_{June} - Weight_{Sept})^{boys}$$
?

 To put it in a more formal equation: Girls (G=1), Boys (G=0)

$$W_{post} - W_{pre} = \beta_1 + \beta_2 G + \epsilon$$

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# Statistician 2:

# Uses RV approach, and covaries pretest out of posttest: (Weight<sup>girls</sup><sub>June</sub> - Weight<sup>boys</sup><sub>June</sub>) | Weight<sub>Sept</sub> or, more formally:

 $W_{post} = \beta_1 + \beta_2 G + \beta_3 W_{pre} + \epsilon$ 

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Which approach should I use?

## summaries from the data

Data

• mean[Weight<sup>boys</sup>] = mean[Weight<sup>boys</sup>]

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Which approach should I use?

## Two different conclusions

#### Statistician 1

- For girls: no difference between weights in September and June
- For boys: no difference between weights in September and June
- Conclusion: no differences between boys and girls in weight gain.

### Statistician 2

- "... boys showed significantly more gain in weight than the girls when proper allowance is made for differences in initial weight between the two sexes"
  - Adjusting/controlling for weight in September, boys are higher in their weight in June.
  - Conclusion: boys showed more gain than girls.

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Which approach should I use?

## Lord's paradox



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	frequency of negative social encounters	
	pretest	posttest
Treatment group	48.3 (7.6)	48.6 (6.5)
Control group	41.6 (9.2)	41.1 (8.1)

#### • Treatment: plastic surgery (n=18)

- Treatment group: children with craniofacial abnormalities (n=18)
- Control group: children (with same age range) without craniofacial abnormalities (*n=30*)
- Outcome: frequency of negative social encounters (based on parental reports)
- Statistician 1: treatment effect = 0
- Statistician 2: treatment effect> 0, significant at p-value= 0.03
  - Conclusion: plastic surgery had a negative effect on children's social experiences

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#### • Washington State public schools (Theobald, 2015)

- Treatment: Special education services
- Treatment group: students who were not already receiving special education services at the beginning of the school year, and placed into a Specific Learning Disability category
- Control group: all other students
- Outcome: reading and math scores

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A closer look

Which approach should I use?

### Real example 2





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- Statistician 1: special education services have no impact on student test performance
- Statistician 2: special education services have a large negative impact on student test performance

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A closer look

Which approach should I use?

### Paradox

### This is Lord's paradox.

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### Paradox

Why does the approach taken by Statistician 2 — the method that currently dominates social science methodology — give an unintuitive and misleading result?

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#### • Causal SEM framework

- Statistician 1: total effect
- Statistician 2: direct effect (adjusting for pretest)
- Econometrics
  - Statistician 1: DID (also FD approach, same as FE estimator when two time-points)
  - Statistician 2: lagged dependent variable approach
- Experimental design
  - Statistician 1: ANOVA (RANOVA: repeated measures ANOVA)
  - Statistician 2: ANCOVA (analysis of covariance)

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  - Statistician 2: lagged dependent variable approach
- Experimental design
  - Statistician 1: ANOVA (RANOVA: repeated measures ANOVA)
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"... there are as many different explanations as there are explainers" "... there simply is no logical or statistical procedure that can be counted on to make proper allowances for uncontrolled preexisting differences between groups"

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- Education/psychology methodologists: debates over reliability, measurement error, regression to the mean (Cronbach & Furby, 1970; Linn & Slinde, 1977 vs. Rogosa & Willett, 1983; Zimmerman & Williams, 1982)
- Whose causal framework is better armed to explain the paradox (Holland & Rubin, 1982; Wainer & Brown, 2007; Pearl, 2014)
- "It depends" camp (Kenny, 1975, Allison, 1990)

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# • "Change scores will be higher for individuals with a lower pretest" ("unfairness")

 Counterexample in education: those who are high in the initial status might be better suited to understand the new instruction and gain more than those with a lower initial status

#### • "Unreliable" (Gulliksen's 1950 formula)

- Reliability (or unreliability) of scores relates to individual-level changes, but evaluation of the treatment effect is at the group level.
- O'Brian (1998) provides a typical scenario, in which, for the group with N=25 persons, the aggregate-level reliability is 0.93 when it is only 0.33 at the individual level.

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### Neyman-Rubin framework

- Rubin, et al., (2003); Holland & Rubin (1983):
  - Suggest that Lord's example was a "poorly formulated causal assessment" since the potential outcome under the control diet is missing
  - "...researcher investigating gain wouldn't know if changes in scores would have occurred with no treatment anyway"
- However, the hypothetical researcher in Lord (1967) is interested in gender differences and not in the effect of the diet

#### • Lord (1967): "differential effect" of the diet

• under the Neyman-Rubin (a.k.a. potential outcomes) causal framework the effect of gender cannot be a causal research question

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Which approach should I use?

#### The two approaches

• CS approach:  

$$Y_{post} - Y_{pre} = \beta_1 + \beta_2 G + \epsilon$$

• RV approach:  $Y_{post} = \beta_1 + \beta_2 G + \beta_3 Y_{pre} + \epsilon$ 

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Image: A match a ma

Which approach should I use?

#### treatment assigned at random



pretest

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Which approach should I use?

#### treatment not at random



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#### Best of both?

• CS approach:  

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Which approach should I use?

### Controlling for pretest in both?

• What if:  

$$\begin{aligned} Y_{post} - Y_{pre} &= \beta_1 + \beta_2 G + \beta_3^* Y_{pre} + \epsilon \\ \downarrow \\ Y_{post} &= \beta_1 + \beta_2 G + (1 + \beta_3^*) Y_{pre} + \epsilon \end{aligned}$$

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#### $Y_2 = \beta_1 + \beta_2 G + \beta_3 Y_1 + \epsilon$

#### • OLS yields unbiased estimates assuming:

- $\epsilon$  uncorrelated with G and  $Y_1$
- correct specification
- i.i.d.
- no measurement error

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Which approach should I use?

## CS approach

- assume *H* is binary: 1 if person ends up in the treatment group; 0 otherwise
- pre:  $Y_1 = \beta_0 + \delta H + \epsilon_1$ 
  - $\delta$ : group differences that are stable
- **post:**  $Y_2 = \beta_0 + \beta_1 + \delta H + \beta_2 G + \epsilon_2$ 
  - G is treatment indicator
  - H = G (collinear)
  - β<sub>1</sub> represents the change that is occurring in both groups (e.g., gained knowledge during a school-year)
- $Y_2 Y_1 = (\beta_0 \beta_0) + \beta_1 + (\delta H \delta H) + \beta_2 G + (\epsilon_2 \epsilon_1)$
- $\Delta Y = \beta_1 + \beta_2 G + \epsilon^{\Delta}$ 
  - assuming c<sup>△</sup> is not correlated with G, OLS is consistent and hence the estimates are unbiased

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  - assuming c<sup>△</sup> is not correlated with G, OLS is consistent and hence the estimates are unbiased

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# CS approach

- assume *H* is binary: 1 if person ends up in the treatment group; 0 otherwise
- pre:  $Y_1 = \beta_0 + \delta H + \epsilon_1$ 
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#### • rewrite:

 $Y_2 = \beta_1 + \beta_2 G + (1) Y_1 + \epsilon^{\Delta}$ 

• Many note that this is a special case of the:

 $Y_2 = \beta_1 + \beta_2 G + \beta_3 Y + \epsilon$ 

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- $Y_2 = \beta_1 + \beta_2 G + \beta_3 Y_1 + \epsilon^{\Delta}$ 
  - inconsistent estimates since e<sup>∆</sup> is negatively correlated with Y<sub>1</sub> by construction
    - $Y_1 = \beta_1 + \beta_2 G + \epsilon^2$
- not a special case
  - The two approaches represent two completely different models!
  - Overlooking this crucial distinction has been the most common error in comparisons of the two approaches
  - Any discussion of Lord's paradox that does not acknowledge this distinction is likely to be misleading

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Which approach should I use?

# Which approach should I use?

#### • It depends...

- When randomized: both are fine, CS has less power
- When the treatment is assigned based on the pretest: – it becomes necessary to control for the pretest

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#### • Regression to the mean

- RV and CS approaches assume regressions to "different means"
- The RV approach assumes that two groups will regress toward the grand mean
- The CS approach assumes that the posttest scores will regress to their group-specific means

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Which approach should I use?

### Two different conclusions

#### Statistician 1

- For girls: no difference between weights in September and June
- For boys: no difference between weights in September and June
- Conclusion: no differences between boys and girls in weight gain.

#### Statistician 2

- "... boys showed significantly more gain in weight than the girls when proper allowance is made for differences in initial weight between the two sexes"
- Adjusting/controlling for weight in September, boys are higher in their weight in June.
- Conclusion: boys showed more gain than girls.

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Which approach should I use?

#### Lord's paradox



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- When is the assumption of "regression toward the grand mean" plausible?
- The CS approach becomes a very robust choice in cases when this assumption is too heroic
- However, the CS approach can give misleading results too: if two groups are indeed regressing to the grand mean
  - The group with the lower mean will tend to gain more than the group with the higher mean due to the "regression to the mean" reality
  - The difference in gains between groups will simply be the result of the "regression artifact"
- Grand mean vs. group-mean: how do I know?
- Are groups exchangeable?

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- Are groups exchangeable with respect to the outcome of interest?
  - It might be that Group A and Group B are exchangeable if the outcome of interest is the mean number of hours spent in the gym
  - And not exchangeable if the outcome of interest is the mean number of calories burned
  - Subject matter expertise is necessary to answer this question
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- So far: pretest and the posttest measures do not contain any measurement error
- What if there is a measurement error in pre and post?
   RV approach will produce biased estimates
- What if pre and post have different scales?
   CS approach requires a common scale
- What if my data is clustered?
   CS approach simplifies things

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#### What is next?

- Typical question: does the treatment have an effect?
- Tools: qualitative insights + quantitative analysis + healthy dose of skepticism
- None of the statistical methods, no matter how fancy and sophisticated they are, will be able to compensate for the sloppy study design (David Freedman)

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#### thank you

#### questions?

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